



COMPLETECARE  
HAGERSTOWN

July 2024 Menu

Calendar Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>B-Breakfast</p> <p>L-Lunch</p> <p>D-Dinner</p>	<p>1 B- Sausage and French Toast</p> <p>L- Meatballs with Noodles Or Salmon Cake D-Roasted Chicken or Grilled Cheese Sandwich</p>	<p>2 B-Fried Egg and Scrapple</p> <p>L- Honey Ginger Chicken or Beef Brisket</p> <p>D- Italian Sausage or Grilled Ham and Cheese</p>	<p>3 B- Cheddar Egg Bake</p> <p>L- BBQ Pork Loin or Shrimp Fried Rice</p> <p>D- Meatloaf or Turkey Burger</p>	<p>4 Independence Day B-Pancakes and Sausage</p> <p>L- <b>BBQ Chicken or Italian Sausage</b></p> <p>D-Turkey Club Sandwich Or Tuna Melt</p>	<p>5 B-Hard Cooked Egg and Bacon</p> <p>L-Country Fried Chicken or Beef Chili</p> <p>D-Reuben Sandwich or Braised Chicken Livers</p>	<p>6 B- Waffle and Sausage Patty</p> <p>L-Glazed Baked Ham or Beef Macaroni Casserole</p> <p>D-Chicken Pot Pie or Meatball Sandwich</p>
<p>7 B-Omelet</p> <p>L- Roast Turkey or Eggplant Parmesan</p> <p>D- Cheese Manicotti or Baked Chicken</p>	<p>8 B-French Toast and Bacon</p> <p>L- Glazed Baked Ham or Beef Hotdog on Bun</p> <p>D-Chicken Breast Sandwich or Macaroni Pasta with Crab</p>	<p>9 B-Scrambled Eggs and Sausage</p> <p>L-Meatballs with Noodles or Chicken Burger</p> <p>D-Grilled Cheese Sandwich or Hamburger</p>	<p>10 B- Fried Egg with Biscuit</p> <p>L- Ranchers Chicken or Kielbasa Sausage</p> <p>D- Pepperoni Pizza or BLT Sandwich</p>	<p>11 B-Pancakes and Bacon</p> <p>L- BBQ Pork or Chicken Teriyaki</p> <p>D-Pasta with Chicken or Apple Pork Chop</p>	<p>12 B-Egg and Ham</p> <p>L-Baked Fish or Braised Liver and Onions</p> <p>D- Pepper Steak or Deli Sandwich</p>	<p>13 B-Waffle and Bacon</p> <p>L- Chicken Tenders or Beef Tips</p> <p>D- BBQ Pork on Bun or Lasagna with Meat Sauce</p>
<p>14 B-Western Omelet</p> <p>L- Fried Chicken or Cheese Quesadilla</p> <p>D- Black Jack Burger or Tuna Melt</p>	<p>15 B-Baked French Toast and Sausage</p> <p>L-Beef Stew or BBQ Chicken</p> <p>D-Reuben Sandwich or Hotdog on a Bun</p>	<p>16 B-Fried Egg and Scrapple</p> <p>L-Shrimp Fried Rice or Breaded Pork Chops</p> <p>D-Baked Ziti with Sausage or Crab Cakes</p>	<p>17 B-Sausage Gravy and Biscuit</p> <p>L- Herb Lemon Chicken or Italian Sausage on Bun</p> <p>D-Breaded Fish or Grilled Turkey Ham and Cheese</p>	<p>18 B-Blueberry Pancakes and Bacon</p> <p>L-BBQ Pork Loin or Pot Roast</p> <p>D-Philly Steak Sandwich or BBQ Chicken</p>	<p>19 B-Egg and Cheese on Toast</p> <p>L-Fried Fish Fillet or Glazed Baked Ham</p> <p>D- Beef Chili or Chef Salad with Turkey</p>	<p>20 B-Waffle with Ham</p> <p>L-Chicken Cordon Bleu or Cheese Tortellini</p> <p>D- Meatloaf or Hoagie Sandwich</p>
<p>21 B-Ham and Cheese Quiche</p> <p>L-Cheese Ravioli or Grilled Chicken Breast</p> <p>D-Hot Turkey Sandwich or Sloppy Joe on Bun</p>	<p>22 B-French Toast and Sausage</p> <p>L- Meatloaf or Glazed Baked Ham</p> <p>D- Chicken Tenders or Tuna Melt</p>	<p>23 B-Scrambled Eggs and Sausage</p> <p>L-Chicken Burger or Vegetable Lasagna</p> <p>D-Polish Sausage or Swedish Meatballs</p>	<p>24 B-Sausage Gravy and Biscuit</p> <p>L- Spaghetti with Meat Sauce or Chicken Enchilada</p> <p>D-Baked Ham or Chef Salad with Turkey</p>	<p>25 B-Pancakes with Scrapple</p> <p>L-Beef Fajita or Baked Pork Chop</p> <p>D-Braised Liver and Onion or Chicken Broccoli Casserole</p>	<p>26 B-Egg Bacon and Cheese on English Muffin</p> <p>L-Baked Tilapia or Turkey Swiss Wrap</p> <p>D- Sweet &amp; Sour Chicken or Turkey Club Sandwich</p>	<p>27 B-Waffle and Ham</p> <p>L- Chicken Stir Fry or Grilled Ham and Cheese</p> <p>D-BBQ Beef on Bun or Polish Sausage</p>
<p>28 B-Cheese Omelet</p> <p>L-Crab Cakes or Beef Macaroni Casserole</p> <p>D-Roast Turkey or Cheese Ravioli</p>	<p>29 B- Sausage and French Toast</p> <p>L- Meatballs with Noodles Or Salmon Cake D-Roasted Chicken or Grilled Cheese Sandwich</p>	<p>30 B-Fried Egg and Scrapple</p> <p>L- Honey Ginger Chicken or Beef Brisket</p> <p>D- Italian Sausage or Grilled Ham and Cheese</p>	<p>31 B- Cheddar Egg Bake</p> <p>L- BBQ Pork Loin or Shrimp Fried Rice</p> <p>D- Meatloaf or Turkey Burger</p>			